

Rotations

PO Box 943
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Meetings:
Thursdays 12:15 pm
Oakwood Athletic Club
4000 Mt. Diablo Blvd
Lafayette, CA

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John Sherry opened the meeting. Barry Toomajian provided the thought for the day.

Guests: Terry Ring, Ring Construction.

Peggy Harbarth donated the Tom Brokaw book, *The Greatest Generation*, which was auctioned for \$25, with Barry Toomajian putting in the winning bid.

Mike Heller said Mike Kearney is at Kaiser Walnut Creek Hospital ICU after 6 hours of surgery for a blood clot. The club wishes him a speedy recovery. [Editors note: Mike Kearney passed away on Saturday. See second page.]

Mike Heller reminded us that John Sherry's Debunking is at Postino's on Sunday, Jun 7, at 5 pm. Free for members with paid lunches, and there is no lunch meeting Thursday, June 11.

Mike asked for volunteers to help at the Try Lafayette First Community Celebration BBQ, July 5, from 5 to 8 pm.

John Sherry let us know that the Rotary Day at the Races, at Golden Gate Fields, is still on for Nov 7. Since our club had less than 10 people who showed interest, we will attend by partnering with another club.

On behalf of Geoff Zimmerman, Andy Scheck invited us to Mosaic Financial's third anniversary celebration, with wine and snacks, on June 11, from 4:30 to 7 pm, at 3620 Happy Valley Road, Suite 100.

Andy Scheck recognized members: Larry Blodgett for his 46th birthday, celebrated by going to The Cheesecake Factory where a cup of coffee was spilled in his lap. Steve Falk said that he should have shopped Lafayette First. Steve Falk for his picture in the paper. Mo Levich for a write-up on Rossmoor Big Band's appearance at the Concert at the Res. Debbie Cooper donated \$100 toward the concert's food costs.

Andy Scheck is on the look out. Not only is he looking in his own paper for Rotarians, he is now searching the competition, so if your picture or name appears in print, be prepared to have your donation ready for our Sergeant of Arms -- as Mo Levich and Steven Falk discovered this week.

SPEAKER: Gary Smith is a public speaker, personal coach, and sales trainer. His business Gary C. Smith Public Speaking &

Trainings inspires people to feel good about themselves and see their direction to attain personal happiness, well being and a sense of being connected to all people. The topic of his talk was "Deodorizing Stinkin' Thinkin' for Public Speaking."

Deodorizing begins with the investigation and gathering the tools. With many projects, it's the tools that are the answers. First, a mirror to see yourself. Catch your points of view. Keep an eye opened for a flash of insight. And we all need a judgment eraser, that lets what the is, be what it is. Like a fair witness, seeing what the as is, is. Let today be your day of The Last Judgment.



Our beliefs are created by what we tell our self. Therefore, we should choose our words carefully. Here are words and phrases that create limits: should, ought, must, have to, never, always, can't, blame, doubt, worry, excuses, hate. Such words represent stinkin' thinkin' that needs to be deodorized. There are also three ego-driven beliefs that create limits and stinkin' thinkin': 1) I have to be right, 2) I already know that, 3) I can't make a mistake.

Deodorization requires taking a good look at yourself, as well as having a buddy that can ask you questions that will break your normal thinking patterns. The best way to pave your road to success is to go through life asking yourself questions, such as:

"How can I make this a great day?"

"What do I want, and how will I know when I get it?"

"What do I believe?"

"What am I thankful for?"

"What do I love to do?"

"What's my purpose in life?"

"What's a possible solution to that problem?"

And the best tool of all, a Buddi -- someone to share the investigation, to keep you on track, to help deodorize the future by a multiple of two, to help you create your own personal twenty questions, to enjoy the sweet smells of success. Join with another to begin the investigation, use the questions to uncover and deodorize Stinking Thinking.





MIKE KEARNEY – 6 JUNE 2009

President John Sherry informed us on Saturday, 6 June 2009: "It is with great sorrow that I must inform you of Mike's passing this morning. His son told Pam at The Nut Factory that he died with a big smile on his face, and that was Michael."



Mike has been in Rotary since 2001, was a Paul Harris Fellow, and was our International Service Director. On July 1, he would have become President-Elect.



He was President of The Nut Factory, named Small Business of the Year in 2003.

Mike brought a positive spirit to all he pursued. A frequent contributor to community fundraisers, schools and non-profits, there were few requests he

declined. Store Manager Pam Paxton-Eis once said, "His Irish eyes are always smiling. Mike doesn't have a mean thing to say about anyone." Kearney is survived by his wife Charlotte and four children. We will all miss him.

THE FOUR WAY TEST

Of the things we think, say or do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

OFFICERS & DIRECTORS

- Dong Kurn Lee RI President
- Jim Campbell Dist 5160 Governor
- John Sherry President
- Sandi Mitchell Vice President
- Bob Shusta Secretary
- Greg Vaisnor Treasurer
- Chuck Vogel Club Service
- Don Anderson Community Service
- Mike Kearney International Service
- Terry Camp Vocational Service
- Ron Wake Past President
- Andy Scheck Sergeant of Arms
- Geoff Zimmerman Sergeant of Arms

GIVE HOPE - GIVE A HAND

The Rotary Club of Lafayette donates an LN-4 Prosthetic Hand in the name of our speakers each week. The LN-4 Prosthetic Hand transforms lives and empowers those who have lost hands and limbs due to land mines, birth defects, and other catastrophes.



MAKE UP MEETINGS

See 'Where Clubs Meet' for meeting times and locations of nearby clubs:
www.rotary5160.org/clubs/meetings.php



UPCOMING SPEAKERS

- 06/04 Paul Menaker, Ph.D., Traffic Engineering
- 06/11 **No Meeting** (Debunking)
- 06/18 Michael Liepman, Temple Isaiah of Contra Costa County
- 06/25 Kirk Baily, The Ghana Rotarian Project
- 07/02 **No Meeting**
- 07/09 Sandi Mitchell, incoming President
- 07/16 TBD
- 07/23 TBD
- 07/30 Sun Lee, Rotary Cultural Ambassadorial Scholar studying in Tours, France

LOCAL & DISTRICT EVENTS

- 06/09 Board Meeting, Chamber, 5pm
- 06/26 Diablo View Mixer
- 07/11 District Installation Dinner & Awards Banquet, Corning, CA
- 08/15 Membership/Foundation Leader Training
- 10/01-04 Dist. Conference, Lake Tahoe
- 11/07 Rotary Day at the Races, Golden Gate Fields

ROTARY INTERNATIONAL EVENTS

- 06/21-24 RI Convention, Birmingham, Eng
- 07/01 New Rotary officers begin their year of service

BIRTHDAYS

- 06/02 Larry Blodgett
- 06/13 Ray Bland
- 06/18 Bill Eames
- 06/18 Bob Shusta

ANNIVERSARIES

- 06/03 Andy Scheck
- 06/09 AC Webb
- 06/10 John Sherry
- 06/20 Tom Henry
- 06/26 Ray Bland

GREETERS

- 06/18 Ron Wake
- 06/25 A.C. Webb
- 07/09 Jesse Wellen
- 07/16 Troy Winkles
- 07/23 Geoff Zimmerman

